Fall 2012

Colorado Mountain College

I. Course and Instructor:

Format: Lecture/Discussion

Course Information:

Course Title:	General Psychology I		
Synonym Number:	68680		
Course Code:	Psy-101-VE01	*Credits:*	3
Semester:	Fall 2012	*Prerequisite:*	College Level Reading
Meeting Times and Days:	Tuesday's 6:30-9:20 pm		
Class Location:	Edwards Campus, Room TBA		
Start Date:	8/28/12	*End Date:*	12/11/12
Refund Date:	9/13/12	*Withdraw Date:*	11/17/12

Instructor Information*:*

Instructor Name: William Leggett
Phone: 970-306-1371
CMC Fax: (970)569-3309
E-Mail: wleggett@coloradomtn.edu
Office Hours: By appointment only.

II. Course Description:

Focuses on the scientific study of behavior including motivation, emotion, physiological psychology, stress and coping, research methods, consciousness, sensation, perception, learning, and memory.~~This course is one of the Statewide Guaranteed Transfer courses. GT-SS3

III. Student Learning Outcomes, Competencies, and Skills

I. Describe the discipline of psychology, its history, and how it is practiced today.
II. Demonstrate the basic rules of research in psychology and be able to evaluate their application.
III. Identify the biological influences on behavior.
IV. Describe consciousness and factors that may influence it.
V. Discuss motivation in terms of inborn and learned determinants.
VI. Analyze emotion and its relationship to physiology and cognition.
VII. Define the principles of sensation and perception.
VIII. Demonstrate the principles of learning and its application to behavior.
IX. Discuss memory and forgetting and the application of memory skills to life.
X Identify the factors involved in stress and effective strategies for management of stress.
XI. Write and speak clearly and logically in presentations and essays about topics related to psychology.

XII. Demonstrate the ability to select and apply contemporary forms of technology to solve problems or compile information in the study of psychology.
XIII. Read, analyze, and apply to new situations written material related to the study of psychology.

IV. IDEA Objectives

Colorado Mountain College evaluates classes based upon Individual Development and Educational Assessment (IDEA) objectives. The following are the IDEA objectives chosen for this class:

1. Gaining factual knowledge (terminology, classifications, methods, trends). *Essential*
2. Learning fundamental principles, generalizations, or theories. *Essential*
3. Learning to apply course material (to improve thinking, problem solving, and decisions). *Essential*
4. Learning to analyze and critically evaluate ideas, arguments, and points of view. *Important*
5. Acquiring an interest in learning more by asking questions and seeking answers. *Important*

V. Evaluation Methods and Class Management:

Grading will consist of three (3) tests, assigned response papers, and participation. Each test will consist of 50 multiple choice questions from the readings and lectures and two short essay responses to questions from lecture. Grading is as follows:

a) **Tests:** 300 points total, 100 points per test. Each test will consist of 50 points total for 50 multiple choice questions, and 25 points for each of two (2) essay questions.

b) **Response Summaries and Participation:** 200 points total for the semester. Response assignments will be posted to Blackboard and should be completed prior to the class date for which they are listed. Response papers consist of a short, single spaced, typed, half page summary/response to the given question, video, reading, or assignment as well as any insight or thoughts you would like to comment on pertaining to the assignment. These will each be worth 10 points and will be graded based on depth of thought and clarity. Points will also be awarded each day for participation in the class discussions/activities. **No hand written response papers will be accepted. No late response papers will be accepted. The lowest two scores on the response papers will be dropped.**

c) **Extra credit project.** An extra credit project worth 25 points will be offered. This will be due the final day of class and will be worth no more than 25 points. This comes out to a possible 5 percentage point change in your grade. The project assignment will be given at a later date.

There is a total of 500 points for the class. Grades will be assigned on the following criteria.

465 – 500 Points = A	435 – 449 Points = B +
450 – 464 Points = A -	415 – 434 Points = B
	400 – 414 Points = B –
385 – 399 Points = C +	335 -349 Points = D +
365 – 384 Points = C	315 – 334 Points = D
350 – 364 Points = C -	300 – 314 Points = D –
≤ 299 Points = F	

Tentative Course Schedule

NOTE: This schedule is subject to change at any time, depending on instructor evaluation of student skills/understanding/knowledge

1. 8/28: Introduction to class and the field of psychology

2. 9/4: Research in neuroscience and psychology
   Required reading: CH 1, CH 2
   Response assignment 1 due:

3. 9/11: Physiological Psychology
   Required reading: CH 3, CH 4, Hand Out: "The Most Complex System in the Universe"

4. 9/18: Consciousness and Animal minds, **review for exam #1**
   Required reading: CH 5
   Response assignment 2 due:

5. 9/25: **Exam #1, covering lecture, assigned reading and response assignments**

6. 10/2: Sensation and Perception
   Required reading: CH 6

7. 10/9: Drug and Alcohol Abuse
   Required reading: TBA
   Response assignment 3 due:

8. 10/16: Memory
   Required reading: CH 8
   Response assignment 4 due:

9. 10/23: **No Class**

10. 10/30: Learning, **review for exam # 2**
    Required reading: CH 9

11.11/6: **Exam #2, covering lecture, assigned reading and response assignments**

12. 11/13: Emotion, Social Psychology
    Required reading: CH 10, CH 13

13. 11/20: Psychological Disorders and Well Being
    Required reading: CH 11, CH 12
    Response assignment 5 due:

14. 11/27: **Details TBA**

15. 12/4: Exam review, Course Overview, Lecture TBA

16. 12/11: **Exam #3, covering lecture, assigned reading and response assignments**

NOTICE:

- A student judged to have engaged in academic misconduct as defined in the "Academic Policies and Requirements" section of the Colorado Mountain College Student Handbook will, at a minimum, receive a "zero" for the work in question. The student may also be removed from the class, resulting in a failing grade. All student course material may be submitted to safeassign.com (or another anti-plagiarism program) at the instructor's discretion. "Academic Expectations," the "Student Code of Conduct and Judicial Process" and more information about academic misconduct can be found in the Student Handbook.
- Students are responsible for course materials from assigned text(s) and reading, lectures, labs, and other assignments as required.
- The instructor may alter any, or all, of this syllabus during the semester as the learning environment requires. Students will be notified in writing of changes.
- Attendance at all class meetings is expected.
- If you have a disability protected by the Americans with Disabilities Act (ADA) and Section 504 of the Rehabilitation Act and feel you may need classroom accommodations based on the impact of your disability, please contact the Disability Services Coordinator on your campus.
  - Alpine and Edwards Campuses: Deb Farmer at 970-870-4450
  - Aspen, Rifle, and Roaring Fork Campuses: Cheri E. White at 970-947-8256
  - Summit and Timberline Campuses (including Chaffee County): Sandi Conner at 719-486-4200
- Students wishing to withdraw from this course must INITIATE the course withdrawal/drop process at the site Registration Office.
- This class could be cancelled one week prior to the census date if a sufficient number of students are not enrolled by that date.

VI. Grading System & Options

Information about grading is available in the Colorado Mountain College catalog. You will receive a grade report for current semester courses at the end of each term. This grade report is mailed to your permanent mailing address. Reports are mailed approximately two weeks after the end of the academic term.

VII. Required Course Materials

Required Textbook: Wade, C. & Tavris, C. (2012). Invitation To Psychology (5th ed.). Prentice Hall. ISBN-13: 978-0-205-03519-9

VIII. Virtual Library Information

You will find online articles, books and other library resources on the following web site: http://coloradomtn.edu/library/.

Virtual Library Help Desk

If you need help with the Virtual Library, email reference@coloradomtn.edu or call 800-621-8559, extension 2926 or 2804.

Are you passing your class?

Answer these ten questions to find out:

1. Yes No Have you read your class syllabus?
2. Yes No Have you purchased and received your textbook? (If applicable)
3. Yes No Have you attended all of the classes?
4. Yes No Have you arrived on time to each class you have attended?
5. Yes No Have you completed your reading assignments? (If applicable)
6. Yes No Have you completed your homework assignments? (If applicable)
7. Yes No Have you been attentive in class and taken organized notes?
8. Yes No Have you engaged in class discussions?
9. Yes No Do you understand the material being presented?
10. Yes No Have you scored a 70% or higher on tests and /or quizzes? (If applicable)

If you answered "no" to three or more questions, you may need help to pass.

Here's what you can do:

1. ***Communicate*** .Talk about your difficulties with your instructor.
2. ***Get organized***. Write dates in your free student daytimer, set alarms, leave yourself notes.
3. ***Get caught up***. Do your reading, submit your assignments.
4. ***Visit the learning lab***. If you are struggling with the material this is a great resource.
5. ***Visit a counselor***. They have big ears and big hearts. If life is getting in the way of learning, they may be able to offer resources to help. Make an appointment at the Learning Services Desk.
6. ***Drop the class***. If you drop before the refund date, you will get your money back. If you drop after the refund date and before the withdraw date, you will not get your money back, but you will not have an "F" on your transcript.

Why is it important to do well in this class?

Circle the reasons that are important to you:

1. You committed money to pay for it.
2. You committed time to register for it and participate in it.
3. You need it to graduate.
4. It's a stepping stone on which to build future skills and concepts.
5. A good GPA makes you eligible for many scholarships.
6. Good grades help in applying to other degree programs.
7. Doing well builds constructive habits that relate to good job performance.
8. Helps you earn higher wages in the job market.
9. Personal accomplishment.
10. Builds positive relationships with peers and instructors.